

INSIGHT 1

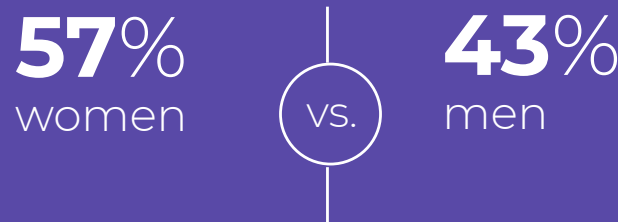
Employees feel their mental health is suffering due to COVID-19



report mental health has been negatively impacted

INSIGHT 2

Young employees and women are the most negatively impacted



COVID-19 drives positive mental health conversation around access and care

INSIGHT 3

Comfort is growing in the use of remote forms of mental healthcare

Open to virtual care



Teladoc Health meets the demand for mental health needs²



4x increase in members using virtual mental health for the first time

60% increase in members with adjustment anxiety disorder

100%+ increase in visits for ages 18-30

Read more and learn how virtual care is meeting a growing need for access to mental healthcare.

TeladocHealth.com/mental-health

#Care4MentalHealth

Source: April 2020 study of 735 employees or those recently employed in the U.S., conducted by Leger and commissioned by Teladoc Health
¹2019 Mental Health in the Workplace: Global Impact study by Teladoc Health, commissioned through Ipsos MORI.
²Mental Health data from March 2020 vs. February 2020